



Warm Weather Protocol

The provisions of this aspect of the policy will apply when the temperature in the team bench area (where the players are most readily able to reduce body temperature) is at 33°C, before the start of a match or the third period of a match.

As the temperature measuring device is very sensitive, it should be kept in the Umpires Room at SK1 prior to being brought to the team bench.

Stage 1

A measurement should be taken before the start of the match and at half-time at the team bench. If the temperature is 33°C or more the following steps are to be taken:

- (a) The break at the end of the first quarter should be extended to 4 minutes.
- (b) A second measurement is taken at half-time. If the temperature is still 33°C or above, repeat step (a) at the end of the third quarter.
- (c) If at half-time the temperature drops below 33°C, revert to normal timing.

Stage 2

If the measurement taken before the start of the match is 38°C or more, the following steps should be taken:

- (a) A break of 1 minute is taken at the mid-way point of the first and second quarters in order for players to quickly re-hydrate.
- (b) The break at the end of the quarter is extended to 4 minutes
- (c) A second measurement is taken at half-time. If the temperature remains 38°C and above repeat steps (a) and (b)
- (d) If at half-time the temperature drops below 38°C but is 33°C or above, implement Stage 1 above. If the temperature drops below 33°C, revert to normal timing

The procedure stated above is sufficient to deal with the weather conditions. There is no need for the teams to be located at the area opposite to the technical table. If they require shade they may flip the flaps above the bench to provide protection from direct sunlight.

Participants are reminded to take the necessary precautions and stay hydrated. Consult the SHF Health and Safety Guide on heat exhaustion and heat stroke